1. Introduction

- These Terms and Conditions ("Terms") apply to the purchase and use of personal training bundles ("Bundle") provided by Aesthetic Athletics ("we," "us," or "our").
- By purchasing a Bundle, you ("Customer" or "you") agree to comply with these Terms.

2. Bundle Purchase and Payment

- The Bundle includes personal training sessions at the total price when purchased.
- Payment for the Bundle is required in full at the time of purchase.
- We accept the following payment methods: [List of Accepted Payment Methods].
- All payments are non-refundable, except as outlined in the "Cancellations and Refunds" section.

3. Scheduling and Use of Sessions

- Sessions must be scheduled in advance through our booking system or by contacting us directly at info@aestheticathletics.net or 613-762-0808.
- The Bundle is valid until all sessions are completed from the date of purchase. Unused sessions after this period will be forfeited.
- Sessions are subject to availability and must be used within the validity period. We recommend booking early to secure your preferred times.
- Sessions can be used in-person, online, or a combination of both, depending on your preference and availability of trainers.

4. Cancellations and Rescheduling

- You may reschedule a session with at least 24 hours notice. Sessions cancelled with less notice may be forfeited at our discretion.
- We reserve the right to cancel or reschedule sessions due to unforeseen circumstances, such as trainer unavailability. In such cases, you will be offered an alternative time, trainer or session credit.
- You may cancel your subscription within 60 days of purchasing.

5. Expiry and Extension

• Extensions may be granted for medical reasons or other extenuating circumstances with appropriate documentation and at our discretion.

6. Trainer Assignments

 We strive to match you with the same trainer throughout your Bundle; however, this is not guaranteed. • If your assigned trainer becomes unavailable, we will arrange for another qualified trainer to continue your sessions.

7. Customer Responsibilities

- You agree to provide accurate and up-to-date information during the registration process.
- You must be at least 18 years old or have parental consent to purchase and use the Bundle.
- You are responsible for consulting a healthcare provider before starting any training program and informing us of any medical conditions or injuries that may affect your participation.

8. Personal Data and Privacy

- We collect and process your personal data in accordance with our Privacy Policy.
- Your data will be used to provide and improve our Services and will not be shared with third parties without your consent, except as required by law.

9. Limitation of Liability

- We are not liable for any injuries, health issues, or damages that may result from following our training programs.
- Our Services are provided "as is," and we do not quarantee specific results.
- To the maximum extent permitted by law, our liability is limited to the amount paid by you for the Bundle.

10. Intellectual Property

 All content provided through our Services, including training programs, videos, and materials, is the intellectual property of Aesthetic Athletics and may not be reproduced, distributed, or used for commercial purposes without our written consent.

11. Amendments to Terms

- We reserve the right to modify these Terms at any time. Changes will be effective immediately upon posting on our website.
- It is your responsibility to review the Terms periodically for any updates.

12. Governing Law

- These Terms are governed by the laws of Ontario, Canada.
- Any disputes arising from these Terms or the use of our Services will be subject to the exclusive jurisdiction of the courts of Ontario, Canada.

13. Contact Information