

## **Terms and Conditions for Online Monthly Coaching/Nutrition**

### **1. Introduction**

- These Terms and Conditions ("Terms") govern the use of the personal training services ("Services") provided by Aesthetic Athletics ("we," "us," or "our") through our online platform.
- By subscribing to our Services, you ("Customer" or "you") agree to comply with these Terms.

### **2. Subscription and Payment**

- The subscription fee for our Services is per month, payable in advance.
- Subscriptions are billed on a recurring monthly basis, starting from the date of purchase.
- Payment is required to access our Services, and failure to pay may result in suspension or termination of your subscription.
- We accept the following payment methods: All major debit/ credit cards.

### **3. Cancellations and Refunds**

- You may cancel your Subscription given a written 60-day notice.
- If you cancel before the next billing cycle, your access to the Services will continue until the end of the current paid month.
- Refunds will not be issued for partial months or unused sessions, except in cases where we fail to deliver the agreed-upon Services.
- We reserve the right to cancel your subscription at any time if you violate these Terms.

### **4. Service Availability**

- Our Services are available online 24/7, but we do not guarantee uninterrupted access due to maintenance, technical issues, or other factors beyond our control.
- We reserve the right to modify or discontinue the Services at any time without prior notice.

### **5. Customer Responsibilities**

- You agree to provide accurate and up-to-date information during the registration process.
- You must be at least 18 years old or have parental consent to subscribe to our Services.
- You are responsible for maintaining the confidentiality of your account login details.
- You agree to follow the training programs and guidelines provided by us and consult a healthcare provider before starting any exercise program.

### **6. Personal Data and Privacy**

- We collect and process your personal data in accordance with our Privacy Policy.

- Your data will be used to provide and improve our Services and will not be shared with third parties without your consent, except as required by law.

## **7. Limitation of Liability**

- We are not liable for any injuries, health issues, or damages that may result from following our training programs.
- Our Services are provided "as is," and we do not guarantee specific results.
- To the maximum extent permitted by law, our liability is limited to the amount paid by you for the Services.

## **8. Intellectual Property**

- All content provided through our Services, including training programs, videos, and materials, is the intellectual property of Aesthetic Athletics and may not be reproduced, distributed, or used for commercial purposes without our written consent.

## **9. Amendments to Terms**

- We reserve the right to modify these Terms at any time. Changes will be effective immediately upon posting on our website.
- It is your responsibility to review the Terms periodically for any updates.

## **10. Governing Law**

- These Terms are governed by the laws of Ontario, Canada.
- Any disputes arising from these Terms or the use of our Services will be subject to the exclusive jurisdiction of the courts of Ontario, Canada.

## **11. Contact Information**

- If you have any questions or concerns about these Terms, please contact us at [info@aestheticathletics.net](mailto:info@aestheticathletics.net) or 613-762-0808.